

# **Section 4**

## **Breaking the Chain of Infection in the Adult Care Home**

## Section 4 – Breaking the Chain of Infection in the Adult Care Home Teaching Guide

### Objectives

1. Describe the cleaning and disinfection of surfaces, floors, high-touch areas, in resident living areas, to prevent infection in the adult care home.
2. Describe Transmission-Based Precautions.
3. Compare and contrast Contact Precautions, Droplet Precautions, and Airborne Precautions.
4. Explain the correct disposal of sharps.
5. Define an outbreak and list steps needed to manage an outbreak in an adult care home.
6. Describe two dangerous infections common in adult care homes – influenza and norovirus.

### Supplies

- Various cleaning and disinfecting products used at the adult care home
- Sharps container
- Regular trash bags and biohazard waste bags

### Advance Preparation – In General

- Review curriculum and presentation materials
- Add examples or comments to Notes Section
- Set up computer/projector for PowerPoint presentations

### Advance Preparation – Teaching Tips

- **#9 Products Available for Use by Care Workers:** Research the types of cleaning solutions and disinfectants used at the adult care home where your students work. Add this information to the content when appropriate to individualize the instruction. It would also be helpful to show the actual products, read purposes, and read directions for use to students.
- **#10 Policy and Procedure Manual:** Review the policy and procedure manuals regarding the cleaning/disinfecting of surfaces, floors, and carpeting. Add this information to the content when appropriate to individualize the instruction. It would also be helpful to show the actual manuals to the students and point out where they are located at the facility.
- **#11 Sharps Container:** Get a sharps container.
- **#12 Types of Waste Bags:** Get regular trash bags and biohazard waste bags.