

Section 3 – Breaking the Chain of Infection Activities and Skills (Part 2)	
<p>(S-1) Title Slide (S-2) Objectives</p> <ol style="list-style-type: none"> 1. Discuss the use of Personal Protective Equipment by staff. 2. Demonstrate procedures important to the prevention of infection in adult care homes – donning/removing gloves, gowns, and mask. 	
Content	Notes
<p>TEACHING TIP #8: Pass Around PPE</p> <p>Show and then pass around – mask, gown, and gloves, either now or when each device is mentioned.</p>	
<p>(S-3) Personal Protective Equipment (PPE)</p> <ul style="list-style-type: none"> • Personal Protective Equipment also known as PPE • Is a group of items used to block harmful germs from getting on skin and clothes • What staff put on at work to keep blood, urine, stool, spit, and sputum off of the skin and clothes 	
<p>(S-4) Personal Protective Equipment (PPE)</p> <ul style="list-style-type: none"> • PPE includes gloves that protect skin on hands, gowns that protect skin and clothes, masks that protect mouth and nose, goggles that protect eyes, face shields that protect whole face • Our training will focus on gloves, gowns, and masks 	
<p>(S-5) Personal Protective Equipment (PPE)</p> <ul style="list-style-type: none"> • Type of PPE care worker wears depends on <ul style="list-style-type: none"> ○ What is being done ○ What kind of contact there will be with blood, body fluids, non-intact skin, and mucus membranes ○ Whether the resident is on Transmission-Based Precautions (will be talking more about later) 	
<p>(S-6) Gloves</p>	
<p>(S-7) Gloves</p> <ul style="list-style-type: none"> • Most common type of PPE worn while working at an adult care home • Description <ul style="list-style-type: none"> ○ Non-sterile (clean) gloves made using different materials, such as vinyl or latex; if allergic to latex, wear non-latex gloves ○ Come in different sizes 	
<p>(S-8) Gloves – Rules</p> <ul style="list-style-type: none"> • Should be worn once and then thrown away 	

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<ul style="list-style-type: none"> • When wearing gloves, always work from (or touch) a clean area, before touching contaminated (or dirty) area • Change gloves if hands are going to move from a body part that is contaminated (dirty) to a body part that is not contaminated (clean) • Change gloves right away if dirty or torn • Take gloves off very carefully and do not touch skin or clothes with dirty sides of gloves • Do not touch anything with dirty gloves that anyone may touch without gloves, like a doorknob • Should be comfortable – not too loose or not too tight 	
<p>(S-9) Gloves – When to Wear</p> <ul style="list-style-type: none"> • Wear gloves any time care worker will or thinks will come into contact with blood or body fluids (urine, stool, spit, mucus coughed up) • Wear gloves any time health care worker will or thinks will come into contact with non-intact skin (opened up skin, such as sores or cuts) • Wear gloves any time health care worker will or thinks will come into contact with mucus membranes (linings of natural body openings) <ul style="list-style-type: none"> ○ Inside or outside of the rectum ○ Inside of the mouth ○ Inside of the nose 	
<p>(S-10) Gloves – When to Wear</p> <ul style="list-style-type: none"> • Examples of when care worker would always wear gloves in an adult care home: <ul style="list-style-type: none"> ○ When you might touch blood, body fluids, non-intact skin, or mucus membranes ○ Providing or assisting with mouth care ○ Wiping a nose that is draining ○ Providing perineal care (the genitals and the buttocks) ○ Caring for a resident with cuts and sores ○ Shaving a resident ○ Performing a finger-stick blood sugar ○ Changing and disposing of soiled bed linen, gown, pads, or bandages ○ Touching a surface or equipment that is contaminated or may be contaminated ○ Having direct contact with a resident who is on Contact Precautions and ○ If staff has open sores or cuts on own hands 	
<p>(S-11) Gloves – How to Put On (Don)</p> <ul style="list-style-type: none"> • Select correct size and type 	

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<ul style="list-style-type: none"> • Insert hands into gloves 	
<p>(S-12) Gloves – How to Put On (Don)</p> <ul style="list-style-type: none"> • Interlace fingers and smooth out folds creating a comfortable fit; and • Carefully look for tears, holes, or discolored spots 	
<p>(S-13) Gloves – How to Put On (Don)</p> <ul style="list-style-type: none"> • Special notice: when gloves and gown must be worn, ensure that each glove is extended over the gown cuff 	
<p>(S-14) Gloves – How to Remove</p> <ul style="list-style-type: none"> • Grasp outside edge of one glove near wrist • Peel glove away from hand turning glove inside-out, with contaminated side on the inside 	
<p>(S-15) Gloves – How to Remove</p> <ul style="list-style-type: none"> • Hold the removed glove in the opposite gloved hand • With ungloved hand, slide one or two fingers under the wrist of the other glove 	
<p>(S-16) Gloves – How to Remove</p> <ul style="list-style-type: none"> • Being careful not to touch outside of the glove, peel off second glove from inside, creating a bag for both gloves 	
<p>(S-17) Gloves – How to Remove</p> <ul style="list-style-type: none"> • Discard • Wash hands 	
<p>ACTIVITY #7 (P6-10): Glove Sizing ACTIVITY #8 (P6-11): Gloves, Gloves, Gloves</p>	
<p>(S-18) Gown</p>	
<p>(S-19) Gown</p> <ul style="list-style-type: none"> • Protects the skin and clothes from contamination • May need to wear while working at an adult care home, but not often • Description – made of liquid-resistant material • Rules <ul style="list-style-type: none"> ○ Should be worn once and discarded immediately after use ○ Should be changed right away if wet, dirty, or torn ○ Take off very carefully and do not touch skin or clothes with dirty side ○ Do not leave resident’s room until gown is removed 	

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<p>(S-20) Gown – When to Wear</p> <ul style="list-style-type: none"> • Wear a gown when <ul style="list-style-type: none"> ○ Staff may come in contact with blood and body fluids beyond the gloved hand ○ Changing and disposing of soiled bed linen, gown, pads, or bandages may soil skin and clothes beyond the gloves ○ Having direct contact with a resident on Contact Precautions 	
<p>(S-21) Gown – How to Put On (Don)</p> <ul style="list-style-type: none"> • Select correct size and type • Without shaking, open gown, holding it in front of self • Slip arms into sleeves and pull gown on 	
<p>(S-22) Gown – How to Put On (Don)</p> <ul style="list-style-type: none"> • Tie neck tie in a bow • Reaching behind, pull gown together in back so it covers clothes 	
<p>(S-23) Gown – How to Put On (Don)</p> <ul style="list-style-type: none"> • Tie back tie 	
<p>(S-24) Gown – How to Remove</p> <ul style="list-style-type: none"> • Unfasten ties • Slip hands underneath gown at neck and shoulders 	
<p>(S-25) Gown – How to Remove</p> <ul style="list-style-type: none"> • Turn contaminated outside of the gown toward the inside • Fold or roll into a bundle, with the contaminated side on the inside 	
<p>(S-26) Gown – How to Remove</p> <ul style="list-style-type: none"> • Discard and • Wash hands 	
<p>(S-27) Mask</p>	
<p>(S-28) Mask</p> <ul style="list-style-type: none"> • Protects care worker from breathing in harmful germs through nose and mouth • May need to wear a mask, but not often, while working at an adult care home. • Description <ul style="list-style-type: none"> ○ Disposable protective devices that cover nose and mouth ○ Held in place by ties or an elastic strap ○ 	

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<p>(S-29) Mask – Rules</p> <ul style="list-style-type: none"> • Should be worn only once and discarded immediately after use <ul style="list-style-type: none"> ○ Should fit snugly over mouth and nose ○ Change mask right away if wet, dirty, or torn ○ Take mask off very carefully and do not touch skin or clothes with dirty side (the outside) of mask ○ Do not leave resident’s room until mask is removed • Wear a mask when <ul style="list-style-type: none"> ○ Caring for a resident who has a lung infection that requires Droplet Precautions or ○ When there is a possibility of splashing or spraying of a body fluid 	
<p>(S-30) Mask – How to Put On (Don)</p> <ul style="list-style-type: none"> • Select mask • Place over nose, mouth, and chin • Fit flexible nose piece over nose bridge • Secure on head with ties or elastic • Adjust to fit 	
<p>(S-31) Mask – How to Remove</p> <ul style="list-style-type: none"> • Untie the bottom tie, then the top tie • Remove from face and discard 	
<p>(S-32) PPE – Sequencing (or Ordering)</p> <ul style="list-style-type: none"> • Combination of PPE needed is based on precaution needing to be done • Based on three types of PPE learned today, sequence or order of putting on PPE is first gown, second mask, and third gloves • Sequencing or order used to remove PPE intended to limit the chance of getting self contaminated; gloves are considered the most contaminated and taken off first; the gown, second; and mask, third 	
<p>(S-33) PPE – Contaminated and Clean</p> <ul style="list-style-type: none"> • To take off PPE safely care worker must know what is considered clean and what is contaminated or dirty • Areas considered contaminated or dirty <ul style="list-style-type: none"> ○ Outside front and sleeve of gown ○ Outside front of mask ○ Outside of gloves • Areas considered clean are parts that will be touched when removing PPE and considered clean <ul style="list-style-type: none"> ○ Inside the gloves ○ Inside and back of gown plus ties ○ Ties or elastic strap of mask 	

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(S-34) What If <ul style="list-style-type: none">• You get blood or body fluids on your skin?• Immediately wash all of the areas of your skin that got contaminated	
(S-35) ACTIVITIES #9, #10, and #11 (Pages 6-12, 13, 14, 15): PPE Check-offs Refer to the instruction sheet for these activities.	