



NC DEPARTMENT OF HEALTH AND HUMAN SERVICES

ROY COOPER • Governor
MANDY COHEN, MD, MPH • Secretary
MARK PAYNE • Director, Division of Health Service Regulation

VIA EMAIL ONLY

November 9, 2020

Carl W. Gaborik
cwgabori@sentara.com

Exempt from Review – Physician Office

Record #: 3409
Business Name: MPB, Inc.
Business #: 3290
Project Description: Develop a physician office building
County: Pasquotank

Dear Mr. Gaborik:

The Healthcare Planning and Certificate of Need Section, Division of Health Service Regulation (Agency), determined that based on your letter of November 3, 2020, the above referenced proposal is exempt from certificate of need review in accordance with N.C. Gen. Stat. §131E-184(a)(9). Therefore, you may proceed to offer, develop or establish the above referenced project without a certificate of need.

However, you need to contact the Agency’s Construction and the Acute and Home Care Licensure and Certification Sections to determine if they have any requirements for development of the proposed physician office.

It should be noted that this Agency’s position is based solely on the facts represented by you and that any change in facts as represented would require further consideration by the Agency and a separate determination. If you have any questions concerning this matter, please feel free to contact this office.

Sincerely,

[Handwritten signature of Gregory F. Yakaboski]

Gregory F. Yakaboski
Project Analyst

[Handwritten signature of Martha J. Frisone]

Martha J. Frisone
Chief

cc: Construction Section, DHSR
Acute and Home Care Licensure and Certification Section, DHSR

NC DEPARTMENT OF HEALTH AND HUMAN SERVICES • DIVISION OF HEALTH SERVICE REGULATION
HEALTHCARE PLANNING AND CERTIFICATE OF NEED SECTION

LOCATION: 809 Ruggles Drive, Edgerton Building, Raleigh, NC 27603
MAILING ADDRESS: 809 Ruggles Drive, 2704 Mail Service Center, Raleigh, NC 27699-2704
https://info.ncdhhs.gov/dhsr/ • TEL: 919-855-3873

AN EQUAL OPPORTUNITY / AFFIRMATIVE ACTION EMPLOYER



Sentara Albemarle Medical Center  
1144 North Road St.  
Elizabeth City, NC 27909

November 3, 2020

Ms. Martha Frisone, Chief  
Healthcare Planning and Certificate of Need Section  
Division of Health Service Regulation  
2704 Mail Service Center  
Raleigh, NC 27699-2704

**RE: Request for Exemption from Review to Develop a Medical Office Building (MOB) Pursuant to N.C. Gen. Stat. § 131E-184(a)(9)**

Dear Ms. Frisone:

MPB, Inc. is planning to construct a 60,000 square foot medical office building (MOB) located at the intersection of Halstead Road Extension and Thunder Road (MPB MOB #2) in Elizabeth City, North Carolina. There will be no new institutional health services offered or developed in the new building without first obtaining the necessary Certificate of Need approval. The estimated cost of developing MPB MOB #2 is greater than \$2,000,000.

Based upon the project as described above, and pursuant to N.C. GEN. STAT. § 131E-184(a)(9), the project is exempt from Certificate of Need review. This letter serves as notification of our intent to proceed with this project. We are requesting that you confirm in writing that this project is exempt from Certificate of Need review. Should you have any questions or require any further information, please feel free to contact me at (252) 384-4600.

Sincerely,

A handwritten signature in black ink, appearing to read 'Carl W. Gaborik'.

Carl W. Gaborik  
Corporate Director, MPB Inc. a subsidiary of Sentara Healthcare

**From:** [Yakaboski, Greg](#)  
**To:** [Waller, Martha K](#)  
**Subject:** FW: [External] MOB Exemption Notices  
**Date:** Wednesday, November 4, 2020 4:10:13 PM  
**Attachments:** [Notice of Exemption-MPB Inc. MOB 1.pdf](#)  
[Notice of Exemption-MPB Inc. MOB 2.pdf](#)

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Hey Martha,

I am forwarding this email containing **2** exemption notices for “logging in”.

Thanks,  
Greg

Sincerely,

*Gregory F. Yakaboski*

**Gregory F. Yakaboski**  
Project Analyst  
[Division of Health Service Regulation](#), Certificate of Need  
[NC Department of Health and Human Services](#)

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#StayStrongNC and get the latest at [nc.gov/covid19](https://nc.gov/covid19)

Office: 919-855-3873  
[Greg.Yakaboski@dhhs.nc.gov](mailto:Greg.Yakaboski@dhhs.nc.gov)

809 Ruggles Drive, Edgerton Building  
2704 Mail Service Center  
Raleigh, NC 27699-2704

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**From:** Emily Cromer <EmilyCromer@ascendient.com>  
**Sent:** Wednesday, November 4, 2020 3:14 PM  
**To:** Yakaboski, Greg <greg.yakaboski@dhhs.nc.gov>  
**Subject:** [External] MOB Exemption Notices

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**CAUTION:** External email. Do not click links or open attachments unless you verify. Send all suspicious email as an attachment to [report.spam@nc.gov](mailto:report.spam@nc.gov)

Hi Greg,

I hope you're doing well these days! I am attaching two exemption notices regarding the development of two medical office buildings in Pasquotank County. I would appreciate your response at your earliest convenience – please let me know if you have any questions.

Thanks so much,  
Emily

**Emily Cromer** | PRINCIPAL

[emilycromer@ascendient.com](mailto:emilycromer@ascendient.com) | 919.226.1707 | [LinkedIn](#) | [www.ascendient.com](http://www.ascendient.com)



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