



N.C. Department of Health  
and Human Services

# Adult Care in North Carolina

Presented for the N.C. Medical Care Commission  
August 12, 2016

# What is Adult Care in N.C.?

## Adult Care Homes (7+ beds)

Special Licensure Designations (optional)

- Serving only elderly (55 and older)
- Special Care Unit for Alzheimer's/Dementia
- Special Care Unit for Mental Health Disorders

## Family Care Homes (2-6 beds)

## Multi-Unit Assisted Housing with Services

# Continuum of Care in North Carolina

Nursing Home/SNF



Adult Care (Assisted Living)



Home--Community--Independent Living

# Services Provided in Adult Care Homes

Assistance with ADLs

Housekeeping & Laundry

Supervision

Maintenance

Medication Administration

Assessment & Care Planning

Transportation

Referral for Care

Activity Programming

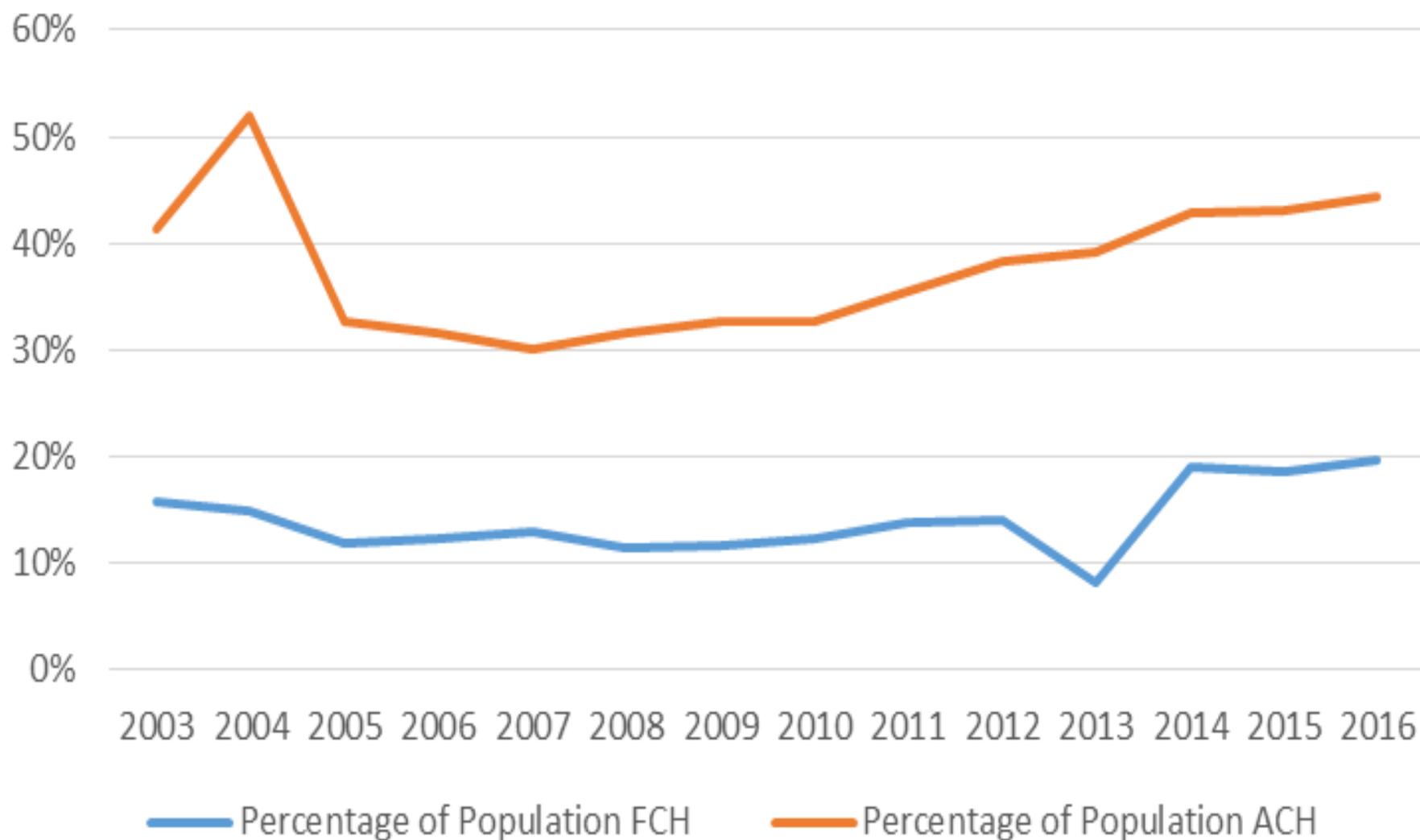
Personal Funds Management

Dining and Nutrition Services

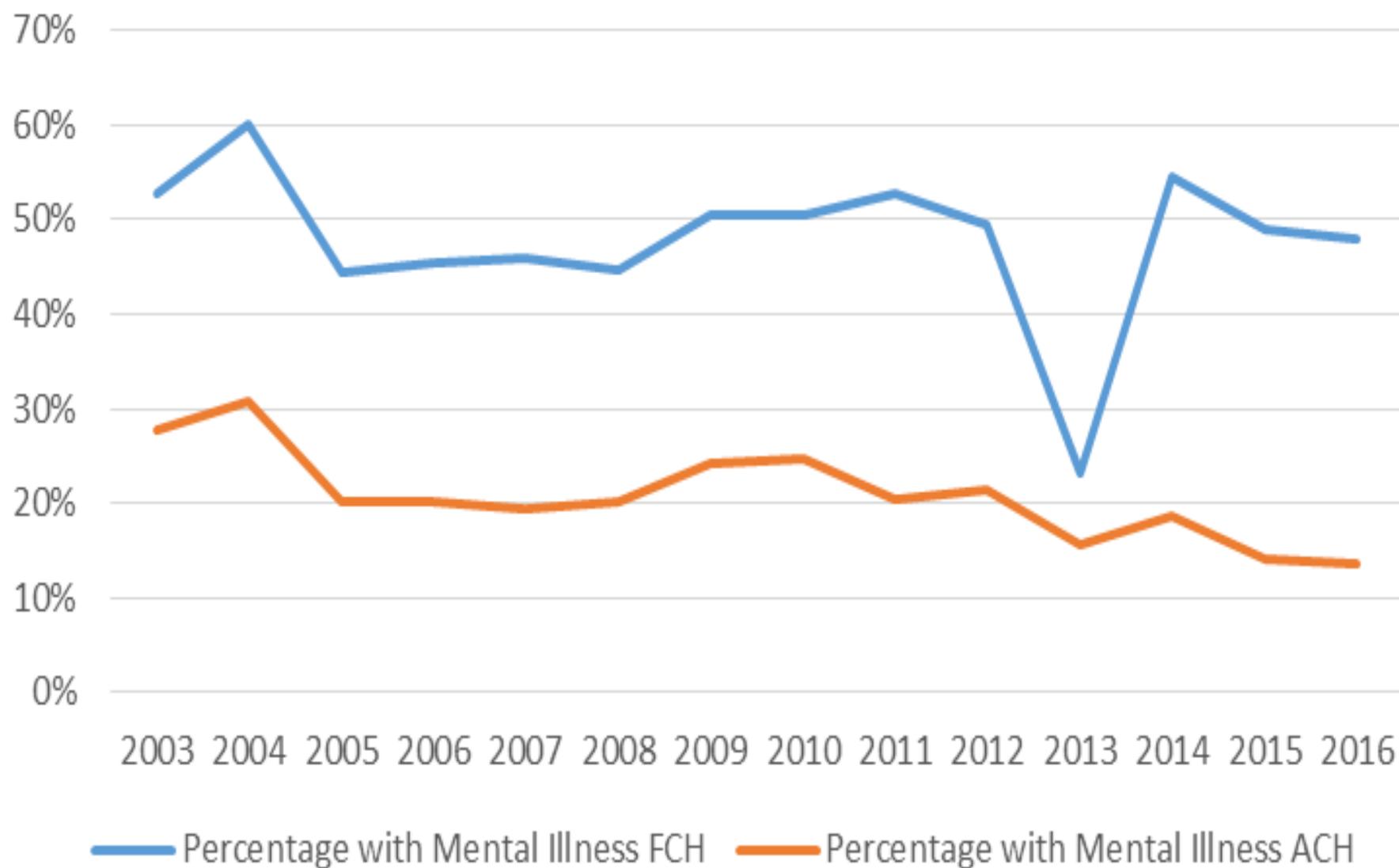
Communication with Medical Providers

Who are the  
Residents  
in  
Adult Care Homes?

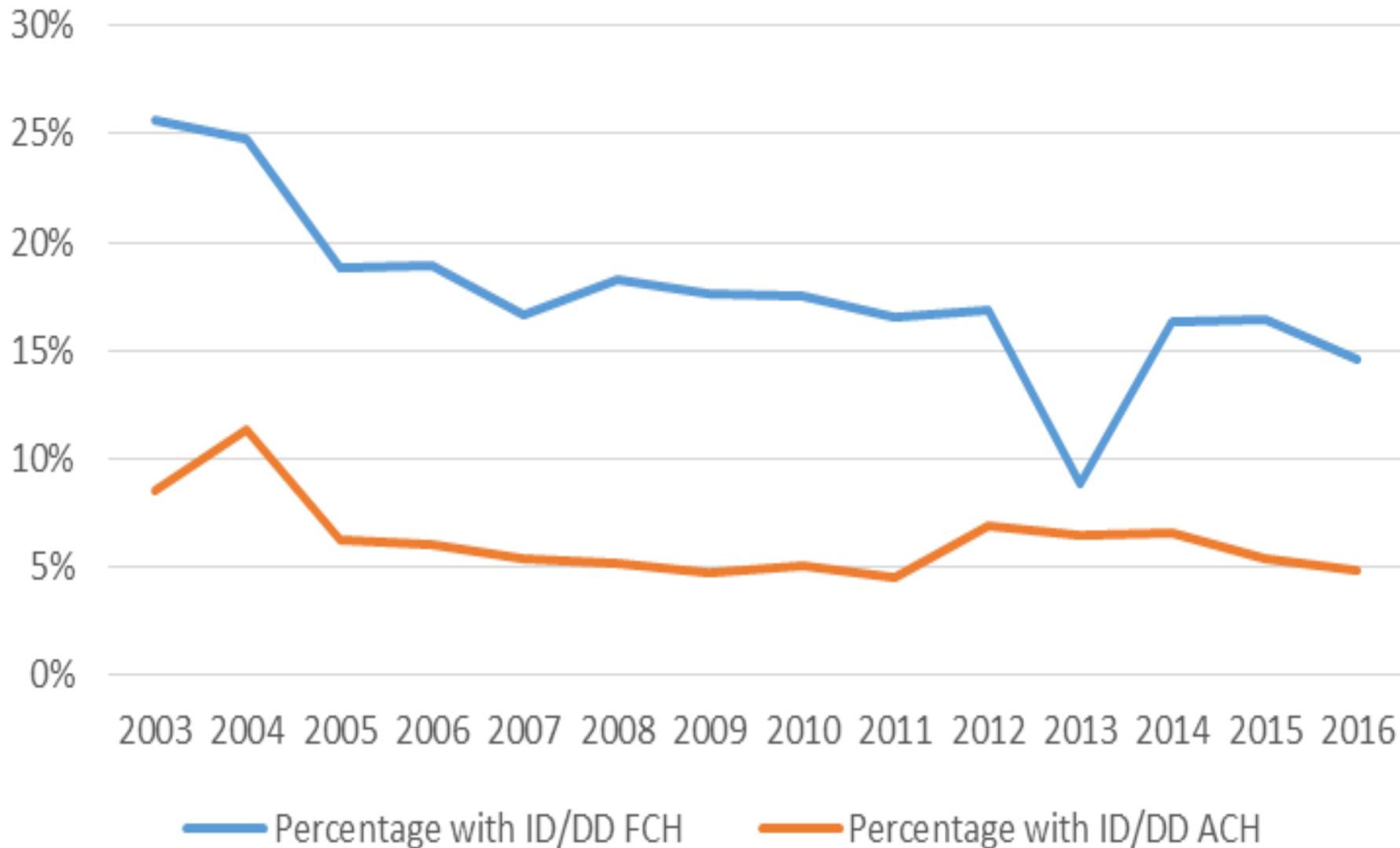
## Percentage of Population with Alzheimer's



## Percentage of Population with MI



## Percentage of Population with ID/DD



# Paying for Assisted Living

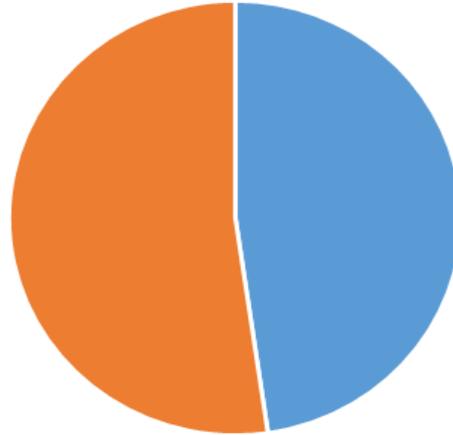
Private Pay

State/County  
Special  
Assistance (SA)

Veteran's  
Benefits

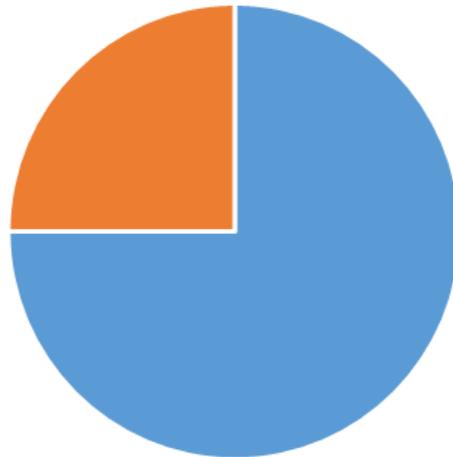
Long-Term  
Care Insurance

ACH Resident Payor Source



■ Special Assistance/MCD ■ Private Pay

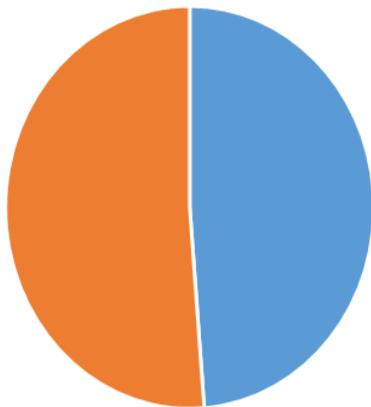
FCH Resident Payor Source



■ Special Assistance/MCD ■ Private Pay

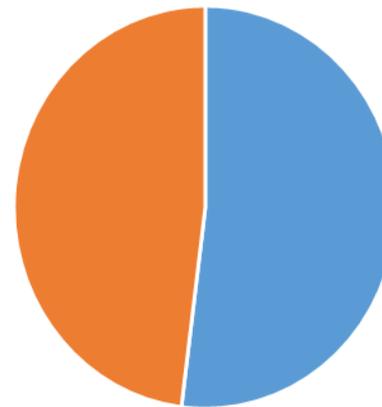
# Medicaid Personal Care Services (PCS)

# PCS Recipients in ACHs



■ PCS Recipients ■ Non-PCS

# PCS Recipients in FCHs



■ PCS Recipients ■ Non-PCS

## # PCS Recipients

ACH: 7,376

FCH: 1,439

SCU: 3,309

## Average PCS Hours Per Resident

ACH: 83 hours

FCH: 80 hours

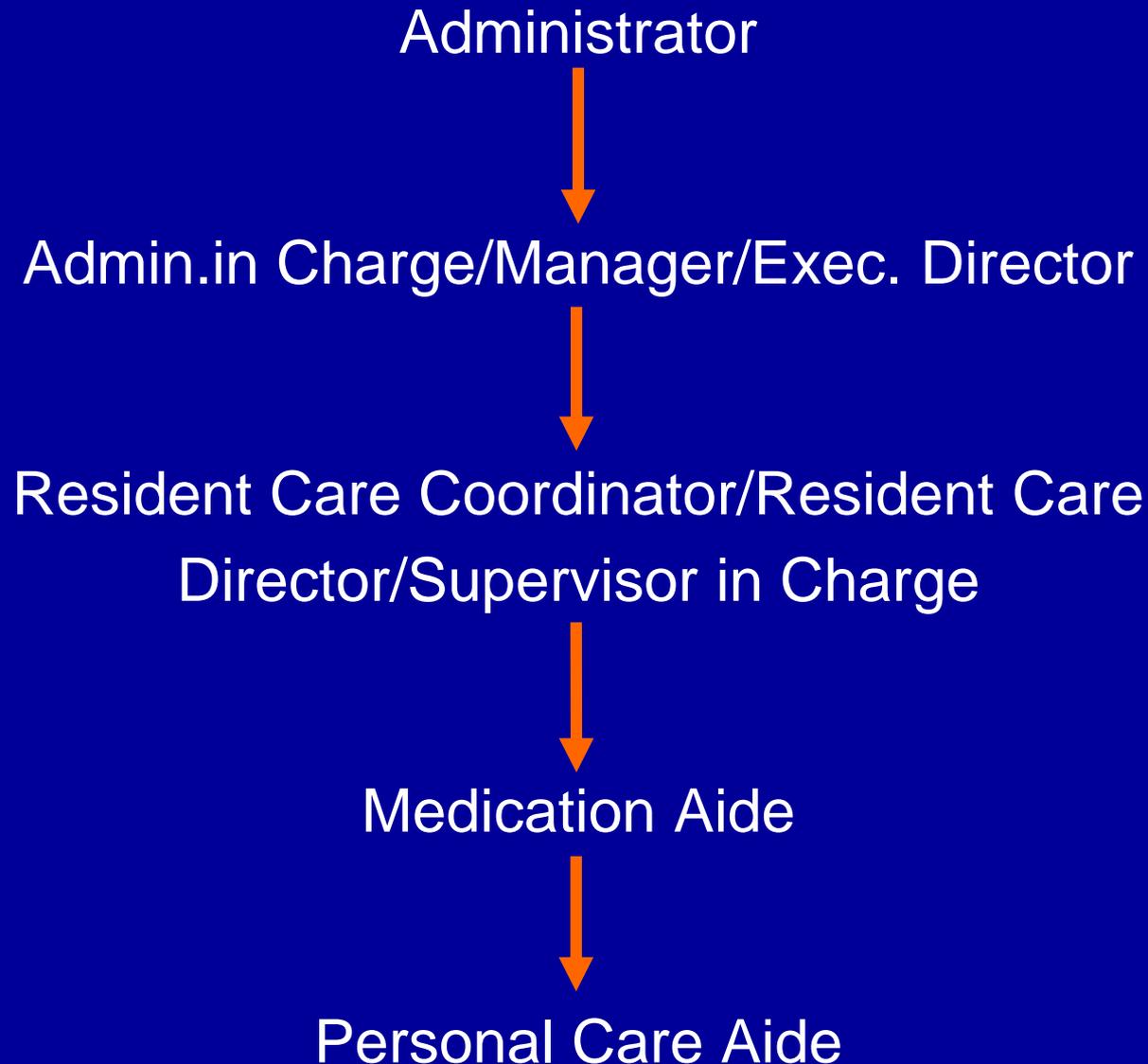
SCU: 110 hours

# Comparison of Cost of Care

<u>Type of Care</u>	<u>AVG Annual Cost</u>
Homemaker/Companion Services	\$40,040
Home Health Aide	\$41,710
Adult Day Health	\$13,260
Assisted Living (private room)	\$36,000
Nursing Home (semi-private room)	\$75,190
(private room)	\$82,125

Who are the  
Staff  
in  
Adult Care Homes?

# General ACH Staff Organizational Chart



# General FCH Staff Organizational Chart

Administrator/Licensee/Owner



Medication Aide/Personal Care Aide

# Staffing Requirements

- Mostly unlicensed staff performing all personal care and medication administration—no clinical skill
- Quarterly nurse visits only for specific needs
- Administrator not required to be on-site until census over 81 residents
- No Medical Director

# Adult Care Facility Oversight

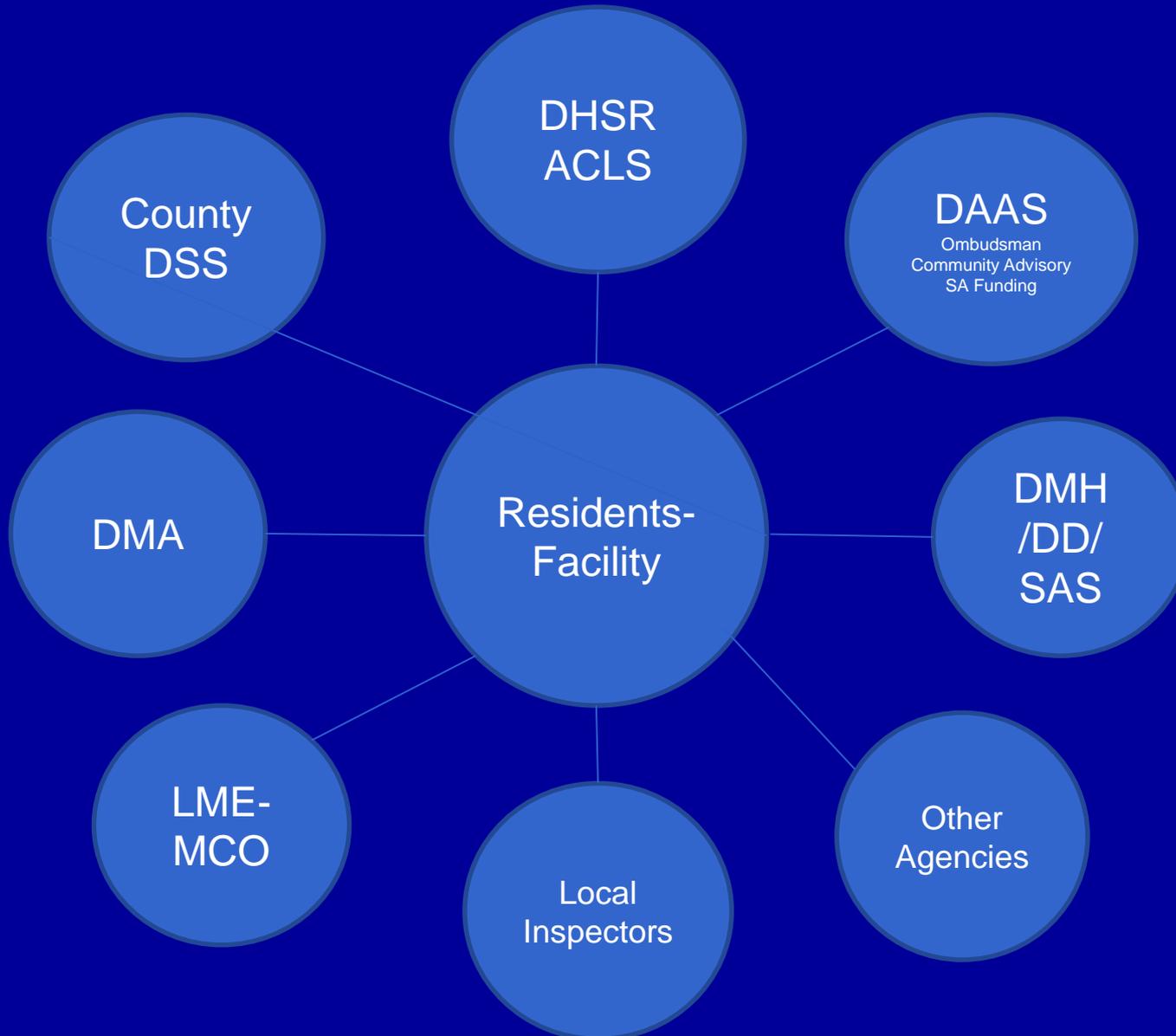
## Division of Health Service Regulation (DHSR)

- **Adult Care Licensure Section**
  - Licenses and inspects ACH/FCHs
  - Administers Star Rating and Administrator Certification Programs
- **Construction Section**
  - Approves initial building plan and design
  - Biennial inspections of physical plant and life safety

## County Departments of Social Services

- Routine monitoring
- Complaint investigations

# Agencies Interfacing with ACHs



# Compliance Issues

## Penalties

2012-13	118	(\$397,600.00)
2014-15	188	(\$598,850.00)

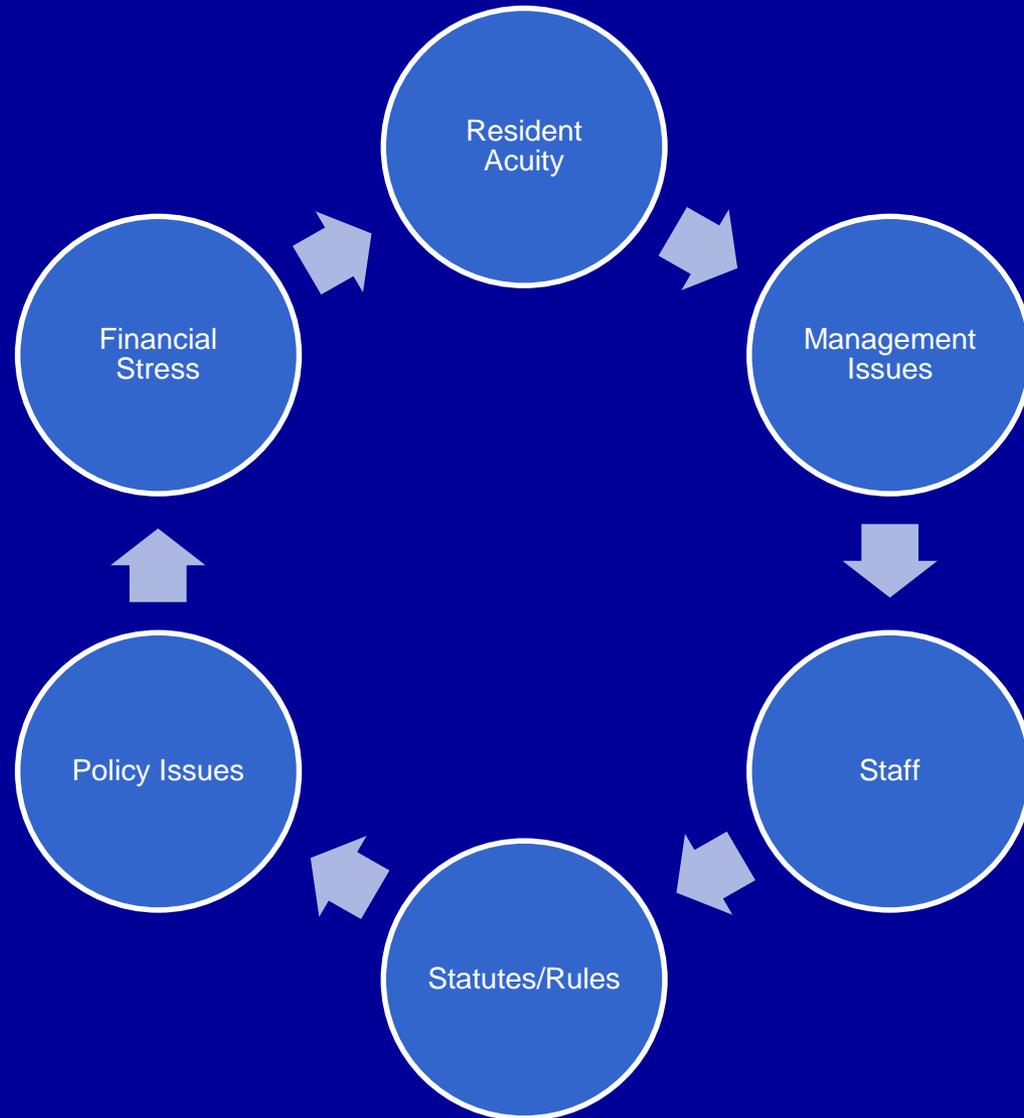
## Suspension of Admissions

2012-13	40
2014-15	89

## Notice of Revocation

2012-13	3
2014-15	16

# What's Happening?



# Partnering With the N.C. Medical Care Commission: Where Do We Go From Here?

- Support recommendations of DHSR and its stakeholders in changes to statute and rule
- Explore ways to allow residents to 'age in place' safely
- Recommend holistic study of adult care industry, resident needs, appropriate staffing, funding, etc.
- Support, recommend, study ways to grow and cultivate the direct care workforce, including consideration of Just Culture concepts

- Explore ways to increase involvement of health care professionals in the assessment and care planning process
- Explore ways to improve the Star Rating program to promote quality improvement using standardized quality measures and create a more meaningful tool for consumers
- Design incentives for facilities to increase quality of programming and care of residents with dementia
- Advocate for increased resources for the ACLS to handle increased workload volume and continue to protect the health and safety of residents

# Resources

## **DHSR Adult Care Licensure Website**

<http://www2.ncdhhs.gov/dhsr/acls>

## **ACH & FCH Rules**

(ACH Special Care Unit Rules 10A NCAC 13F .1300)

<http://www2.ncdhhs.gov/dhsr/acls/rules>

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