

1 10A NCAC 14D .0216 is proposed for adoption as follows:
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3 **10A NCAC 14D .0216 HOUSEKEEPING AND FURNISHINGS**

4 (a) Each adult day care program offering overnight respite care services shall:

- 5 (1) have walls, ceilings, and floors or floor coverings kept clean and in good repair;
- 6 (2) have no lingering unpleasant odors;
- 7 (3) have furniture clean and in good repair;
- 8 (4) have a North Carolina Division of Public Health approved sanitation classification at all times;
- 9 (5) be maintained in an uncluttered, clean and orderly manner, free of all obstructions and hazards;
- 10 (6) have a supply of bath soap, clean towels, washcloths, sheets, pillow cases, blankets, and additional
11 coverings adequate for resident use on hand at all times;
- 12 (7) make available the following items as needed through any means other than charge to the personal
13 funds:
 - 14 (A) protective sheets and clean, absorbent, soft and smooth pads;
 - 15 (B) bedpans, urinals, hot water bottles, and ice caps; and
 - 16 (C) bedside commodes, walkers, and wheelchairs.
- 17 (8) have television and radio, each in good working order;
- 18 (9) have curtains, draperies or blinds at windows in resident use areas to provide for resident privacy;
- 19 (10) have recreational equipment, supplies for games, books, magazines and a current newspaper
20 available for residents;
- 21 (11) have a clock that has numbers at least 1½ inches tall in an area commonly used by the residents;
22 and
- 23 (12) have at least one telephone that does not depend on electricity or cellular service to operate.

24 (b) Each bedroom shall have the following furnishings in good repair and clean for each resident:

- 25 (1) beds equipped with box springs and mattress or solid link springs and no-sag innerspring or foam
26 mattress. A hospital bed shall be arranged for as needed. A water bed is allowed if requested by a
27 resident and permitted by the program. Each bed shall have the following:
 - 28 (A) at least one pillow with clean pillow case;
 - 29 (B) clean top and bottom sheets on the bed, with bed changed as often as necessary but at
30 least once a week; and
 - 31 (C) clean bedspread and other clean coverings as needed.
- 32 (2) a bedside type table;
- 33 (3) a chest of drawers or bureau when not provided as built-ins, or a double chest of drawers or double
34 dresser for two residents;
- 35 (4) a wall or dresser mirror that can be used by each resident;
- 36 (5) a minimum of one comfortable chair (rocker or straight, arm or without arms, as preferred by
37 resident), high enough from floor for easy rising;

- 1 (6) additional chairs available, as needed, for use by visitors;
2 (7) individual clean towel, wash cloth, and towel bar within bedroom or adjoining bathroom; and
3 (8) a light overhead of bed with a switch within reach of person lying on the bed or a lamp. The light
4 shall provide a minimum of 30 foot-candle power of illumination for reading.

5 (c) The living room shall have functional living room furnishings for the comfort of residents with coverings that
6 are easily cleanable.

7 (d) The dining room shall have the following furnishings:

- 8 (1) tables and chairs to seat all residents eating in the dining room; and
9 (2) chairs that are sturdy, non-folding, without rollers unless retractable or on front legs only, and
10 designed to minimize tilting.

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12 History Note: Authority S.L. 2011-104;

13 Temporary Adoption Eff. January 1, 2012;

14 Eff. October 1, 2012.

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