

1 10A NCAC 13G .0903 is proposed for readoption without substantive changes as follows:

2
3 **10A NCAC 13G .0903 LICENSED HEALTH PROFESSIONAL SUPPORT**

4 (a) ~~A family care home~~ The facility shall assure that an appropriate licensed health ~~professional, professional~~
5 participates in the on-site review and evaluation of the residents' health status, care ~~plan plan~~, and care provided for
6 residents requiring one or more of the following personal care tasks:

- 7 (1) applying and removing ace bandages, ~~ted~~ TED hose, binders, and braces and splints;
- 8 (2) feeding techniques for residents with swallowing problems;
- 9 (3) bowel or bladder training programs to regain continence;
- 10 (4) enemas, suppositories, break-up and removal of fecal impactions, and vaginal douches;
- 11 (5) positioning and emptying of the urinary catheter bag and cleaning around the urinary catheter;
- 12 (6) chest physiotherapy or postural drainage;
- 13 (7) clean dressing changes, excluding packing wounds and application of prescribed enzymatic
14 debriding agents;
- 15 (8) collecting and testing of fingerstick blood samples;
- 16 (9) care of well-established colostomy or ileostomy (having a healed surgical site without sutures or
17 drainage);
- 18 (10) care for pressure ulcers, up to and including a Stage II pressure ~~ulcer~~ ulcer, which is a superficial
19 ulcer presenting as an abrasion, ~~blister~~ blister, or shallow crater;
- 20 (11) inhalation medication by machine;
- 21 (12) forcing and restricting fluids;
- 22 (13) maintaining accurate intake and output data;
- 23 (14) medication administration through a well-established gastrostomy feeding tube (having a healed
24 surgical site without sutures or drainage and through which a feeding regimen has been successfully
25 established);
- 26 (15) medication administration through subcutaneous injection; injection in accordance with Rule
27 .1004(q) except for anticoagulant medications;
28 ~~Note: Unlicensed staff may only administer subcutaneous injections as stated in Rule .1004(q) of~~
29 ~~this Subchapter;~~
- 30 (16) oxygen administration and monitoring;
- 31 (17) the care of residents who are physically restrained and the use of care practices as alternatives to
32 restraints;
- 33 (18) oral suctioning;
- 34 (19) care of well-established tracheostomy, not to include ~~indo-tracheal~~ endotracheal suctioning;
- 35 (20) administering and monitoring of tube feedings through a well-established gastrostomy tube (~~see~~
36 ~~description in Subparagraph (14) of this Paragraph~~); in accordance with Subparagraph (a)(14) of
37 this Rule;

- 1 (21) the monitoring of continuous positive air pressure devices (CPAP and BIPAP);
- 2 (22) application of prescribed heat therapy;
- 3 (23) application and removal of prosthetic devices except as used in early post-operative treatment for
- 4 shaping of the extremity;
- 5 (24) ambulation using assistive devices that requires physical assistance;
- 6 (25) range of motion exercises;
- 7 (26) any other prescribed physical or occupational therapy;
- 8 (27) transferring semi-ambulatory or non-ambulatory residents; or
- 9 (28) nurse aide II tasks according to the scope of practice as established in the Nursing Practice Act and
- 10 rules promulgated under that ~~act~~ Act in 21 NCAC 36.

11 (b) The appropriate licensed health professional, as required in Paragraph (a) of this Rule, is:

- 12 (1) a registered nurse licensed under G.S. 90, Article 9A, for tasks listed in Subparagraphs (a)(1)
- 13 through (28) of this Rule;
- 14 (2) an occupational therapist licensed under G.S. 90, Article 18D or physical therapist licensed under
- 15 ~~G.S. 90-270.24, Article 18B~~ G.S. 90-270.90, Article 18E, for tasks listed in Subparagraphs (a)(17)
- 16 and (a)(22) through (27) of this Rule;
- 17 (3) a respiratory care practitioner licensed under G.S. 90, Article 38, for tasks listed in Subparagraphs
- 18 (a)(6), (11), (16), (18), ~~(19)~~ (19), and (21) of this Rule; or
- 19 (4) a registered nurse licensed under G.S. 90, Article 9A, for tasks that can be performed by a nurse
- 20 aide II according to the scope of practice as established in the Nursing Practice Act and rules
- 21 promulgated under that ~~act~~ Act in 21 NCAC 36.

22 (c) The facility shall assure that participation by a registered nurse, ~~occupational therapist~~ occupational therapist,

23 respiratory care practitioner, or physical therapist in the on-site review and evaluation of the residents' health status,

24 care ~~plan~~ plan, and care provided, as required in Paragraph (a) of this Rule, is completed within ~~the first~~ the first 30 days after

25 ~~of~~ admission or within 30 days from the date a resident develops the need for the task and at least quarterly thereafter,

26 and includes the following:

- 27 (1) performing a physical assessment of the resident as related to the resident's diagnosis or current
- 28 condition requiring one or more of the tasks specified in Paragraph (a) of this Rule;
- 29 (2) evaluating the resident's progress to care being provided;
- 30 (3) recommending changes in the care of the resident as needed based on the physical assessment and
- 31 evaluation of the progress of the resident; and
- 32 (4) documenting the activities in Subparagraphs (1) through (3) of this Paragraph.

33 ~~(d) The facility shall assure action is taken in response to the licensed health professional review and documented,~~

34 ~~and that the physician or appropriate health professional is informed of the recommendations when necessary.~~

35 (d) The facility shall follow-up and implement recommendations made by the licensed health professional including

36 referral to the physician or appropriate health professional when indicated. The facility shall document follow-up on

37 all recommendations made by the licensed health professional.

1
2
3
4
5
6
7
8
9

History Note: Authority G.S. 131D-2.16; 131D-4.5; 143B-165;
Temporary Adoption Eff. January 1, 1996;
Eff. May 1, 1997;
Temporary Amendment Eff. December 1, 1999;
Amended Eff. July 1, 2000;
Temporary Amendment Eff. September 1, 2003;
Amended Eff. June 1, ~~2004~~ 2004;
Readopted Eff. October 1, 2022.