

ACTIVITY #10 Putting On (Donning) and Removing Gown Check-off

Putting On (Donning) Gown

Steps	Performed Correctly?	
	Yes	No
1. Select correct size and type of gown.		
2. Without shaking, open the gown and hold it in front of you.		
3. Slip arms into the sleeves and pull gown on.		
4. Tie the neck tie in a bow		
5. Reach behind and pull the gown together in the back so it covers your clothes.		
6. Tie the back tie in a bow.		

Removing Gown

Steps	Performed Correctly?	
	Yes	No
1. Unfasten tie at neck.		
2. Unfasten tie at waist.		
2. Slip hands underneath the gown at neck and shoulder.		
3. Peel gown away from the shoulders.		
4. Turn contaminated outside of the gown toward the inside, making sure it is away from the body.		
4. Fold or roll gown into a bundle, with the contaminated side on the inside.		
5. Discard gown.		
6. Wash hands.		

Name of Person Performing Skill _____

Name of Person Observing Skill _____