

ACTIVITY #9 Putting On (Donning) and Removing Gloves Check-off

Putting on (Donning) Gloves

Steps	Performed Correctly?	
	Yes	No
1. Select correct size and type of gloves.		
2. Insert hands into gloves.		
3. Interlace fingers and smooth out folds creating a comfortable fit.		
4. Carefully look for tears, holes, or discolored spots in each glove.		

Removing Gloves

Steps	Performed Correctly?	
	Yes	No
1. Grasp outside edge of one glove near wrist.		
2. Peel glove away from hand turning glove inside-out, with contaminated side on the inside.		
3. Hold the removed glove in the opposite gloved hand.		
4. With your ungloved hand, slide one or two fingers under the wrist of the remaining glove.		
5. Being careful not to touch the outside of the glove, pull down, turning the glove inside out and over the first glove as you remove it.		
6. Create a bag for both gloves.		
7. Discard gloves.		
8. Wash hands.		

Name of Person Performing Skill _____

Name of Person Observing Skill _____