

Instructions for ACTIVITIES #9, #10, and #11 Gloving, Gowning, Masking Skills Check-offs

Preparation

Duplicate check-off sheets for each student: Activity #9 Putting On (Donning) and Removing Gloves, Activity #10 Putting On (Donning) and Removing Gown, and Activity #11 Putting On (Donning) and Removing Mask. Just before class begins, gather a variety of sizes of gloves, two disposable gowns per students, and two masks per students.

Instructions to Students

“I am going to demonstrate how to put on and take off gloves, a gown, and a mask. Follow along with me using your check-off sheets. Each of you will receive two pairs of gloves, two gowns, and two masks – one set to practice with and one set to use for check-offs. After I am done demonstrating the skills, I want everyone to practice doing each of the three skills. After everyone has had a chance to practice, I will pair you up with another student. You will observe your partner performing the skills and check off the steps on the appropriate check-off sheet as each step is performed. Then, switch up. Put your name on your each of the check-off sheets and then write down who checked you off during the skills performance. Afterwards, you will turn in your check-off sheets to me.”

Explanation of Activity

Demonstrate each skill. Distribute check-off sheets to students. Distribute two pairs of gloves, two gowns, and two masks to each student – one set to practice with and one set to use for check-offs. As students practice, walk around, observe students, and make corrections as needed. Place students into pairs (or a three-some if necessary) for peer check-offs. Collect check-off sheets. Allow students to take a break.

Wrap-up

While students are taking a break, look over check-off sheets and determine if further instruction or practice is needed. When students return from break, compliment them and ask them if they would like to share comments about their experiences.