



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**

ROY COOPER • Governor

KODY H. KINSLEY • Secretary

MARK PAYNE • Director, Division of Health Service Regulation

VIA EMAIL ONLY

March 29, 2022

Renee Mullings

renee_mullings@affecttherapeutics.com

No Review

Record #: 3853
Date of Request: March 21, 2022
Business Name: Affect Therapeutics, Inc.
Business #: 3536
Project Description: Conduct outpatient, non-residential, stimulant use disorder treatment.
County: Statewide

Dear Ms. Mullings:

The Healthcare Planning and Certificate of Need Section, Division of Health Service Regulation (Agency) received your correspondence regarding the project described above. Based on the CON law **in effect on the date of this response to your request**, the project as described is not governed by, and therefore, does not currently require a certificate of need. If the CON law is subsequently amended such that the above referenced proposal would require a certificate of need, this determination does not authorize you to proceed to develop the above referenced proposal when the new law becomes effective.

This determination is binding only for the facts represented in your correspondence. If changes are made in the project or in the facts provided in the correspondence referenced above, a new determination as to whether a certificate of need is required would need to be made by this office.

Please do not hesitate to contact this office if you have any questions.

Sincerely,

Gregory F. Yakaboski
Project Analyst

Micheala Mitchell
Chief

NC DEPARTMENT OF HEALTH AND HUMAN SERVICES • DIVISION OF HEALTH SERVICE REGULATION
HEALTHCARE PLANNING AND CERTIFICATE OF NEED SECTION

LOCATION: 809 Ruggles Drive, Edgerton Building, Raleigh, NC 27603
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<https://info.ncdhhs.gov/dhsr/> • TEL: 919-855-3873

AN EQUAL OPPORTUNITY / AFFIRMATIVE ACTION EMPLOYER

From: [Yakaboski, Greg](#)
To: [Waller, Martha K](#)
Subject: No Review Request- Statewide
Date: Monday, March 21, 2022 12:16:02 PM

Hey Martha,

Just received this No Review Request. It is a "Statewide" request.

Thanks,
Greg

Sincerely,

Gregory F. Yakaboski

Gregory F. Yakaboski
Project Analyst
[Division of Health Service Regulation](#), Certificate of Need
[NC Department of Health and Human Services](#)

Help protect your family and neighbors from COVID-19.
[Know the 3 Ws. Wear. Wait. Wash.](#)
#StayStrongNC and get the latest at nc.gov/covid19

Office: 919-855-3873
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From: Renee Mullings <renee_mullings@effecttherapeutics.com>
Sent: Monday, March 21, 2022 12:14 PM
To: Yakaboski, Greg <greg.yakaboski@dhhs.nc.gov>
Subject: [External] Certificate of Need Request

CAUTION: External email. Do not click links or open attachments unless you verify. Send all suspicious email as an

Good Afternoon Greg!

This is Renee Mullings from Affect Therapeutics, Inc. I am the one with the 951 area code that moved from CA to KY lol. Thank you for speaking to me on the phone earlier today! Below are some bullet points regarding what Affect Therapeutics does and is regarding SUD treatment:

- Affect Therapeutics is a telehealth stimulant use disorder treatment organization.
- All groups and one on ones are conducted through HIPAA compliant video sharing.
- We are in the process of becoming certified through CARF
- We are a non-residential, ASAM Level 1 Outpatient only.
- Services are provided on a regularly scheduled basis through 2 one hour group sessions and 1 half hour counseling session per week.
- All clinical services are provided by licensed counselors.
- Affect Therapeutics' program model utilizes two tools for recovery: group therapy using the Matrix Curriculum, and community support, and contingency management.
- Group size will not go over 12 individuals per group
- All services shall be provided in accordance with the needs of the individual as identified in the assessment and treatment plan, as follows: (a) Individual counseling; (b) Group counseling; (c) Counseling with families or support system; (d) Substance-related and recovery-focused education, such as strategies for avoiding substance use or relapse, health problems related to substance use, motivational enhancement and strategies for achieving a substance-free lifestyle; and (e) Crisis intervention.

Please let me know if you need any more information! Have a great day!

--

K. Renee Mullings, CADC III
Director of Clinical Compliance
Affect Therapeutics