

NC Department of Health and Human Services
NC Nurse Aide I Curriculum
Module M
The Nursing Process & Nursing Care Plan
 July 2019

Objectives


- Define and discuss the **Nursing Process**
- Explain the importance of the nursing process and the role of the NA
- Define and discuss **Maslow's Hierarchy of Needs**
- Define the **Nursing Care Plan** and discuss its importance
- Discuss the **NA's** role in the nursing care plan

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The Nursing Process

Method used by nurses to plan and deliver nursing care to the resident

- **Assessment**
- **Nursing diagnosis**
- **Planning**
- **Implementation**
- **Evaluation**



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The Importance of the Nursing Process

- Care is organized, individualized and has purpose
- Care is consistent
- Resident feels safe and secure
- Assists healthcare team members to deliver care

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The Nursing Process – NA’s Role

- Assist the nurse in collecting information through interactions with the resident
- Encourage the resident to participate in meeting established goals
- Provide care determined to positively impact the well-being of the resident
- Report observations to help the healthcare team determine if priorities and goals are met

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Maslow’s Hierarchy of Needs (1)

- Physiological Needs
- Safety and Security
- Love and Belonging
- Self-Esteem
- Self-Actualization



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Maslow's Hierarchy of Needs (2)

- The order of importance begins at the lowest level on the hierarchy
- Lower-level needs must be met before higher-level needs are met
- The NA is a vital link in assisting the resident to achieve individual levels of need

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Maslow's Hierarchy of Needs (3)

- Physical needs include nutrition, elimination, breathing, sleep, sex, shelter and exercise
 - The absence of physical needs prevents an individual from moving to the next level
- Safety and security includes an environment free from harm, danger and fear
 - Injuries, neglect and abuse impact this level

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Maslow's Hierarchy of Needs (4)

- Love and belonging includes supportive relationships, therapeutic communication and meaningful relationships with others
- Self-esteem is established when an individual thinks well of oneself, views their life as meaningful or useful and having value
 - Illness, injury and loss of home and family negatively impact self-esteem




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Maslow's Hierarchy of Needs (5)

- **Self-actualization is achieved when an individual experiences his/her potential**
 - Individuals may have difficulty achieving this level




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The Nursing Care Plan

Responsibility of the nurse to provide a written plan of care

- **Based on the nursing process**
- **Used for coordination and continuity of care**
- **May be standardized, computerized or written in Kardex**



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The Nursing Care Plan – NA's Role

- **Assist the nurse with collection of data**
- **Report how the resident responds or reacts to interventions**
 - If an intervention does not work, nurse modifies nursing care plan
- **Support the nurse to assist with evaluation**

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The Nursing Process & Nursing Care Plan

- Care of the resident is a process that constantly changes
 - It requires teamwork, effective communication, accurate observations and detailed reporting
- The resident's health and wellbeing is dependent upon the entire team



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