

1 10A NCAC 13F .0501 is readopted with changes as published in 36:18 NCR 1487-1495 as follows:

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3 **SECTION .0500 - STAFF ORIENTATION, TRAINING, COMPETENCY AND CONTINUING**
4 **EDUCATION**

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6 **10A NCAC 13F .0501 PERSONAL CARE TRAINING AND COMPETENCY**

7 (a) ~~An adult care home~~ The facility shall assure that staff who provide or directly supervise staff who provide personal
8 care to residents ~~successfully~~ complete an 80-hour personal care training and competency evaluation program
9 established ~~[or approved]~~ by the Department. For the purpose of this Rule, Directly supervise ~~["Directly"]~~ "directly
10 supervise" means being on duty in the facility to oversee or direct the performance of staff duties. ~~Copies~~ A copy of
11 the 80-hour training and competency evaluation program ~~are~~ is available ~~at the cost of printing and mailing by~~
12 ~~contacting the Division of Health Service Regulation, Adult Care Licensure Section, 2708 Mail Service Center,~~
13 ~~Raleigh, NC 27699-2708. online at~~ [https://info.ncdhhs.gov/dhsr/acls/training/PCA_trainingmanual.html,
14 <https://info.ncdhhs.gov/dhsr/acls/training/index.html#80hr>, at no cost. The 80-hour personal care training and
15 competency evaluation program curriculum shall include:

- 16 (1) observation and documentation skills;
17 (2) basic nursing skills, including special health-related tasks;
18 (3) activities of daily living and personal care skills;
19 (4) cognitive, behavioral, and social care;
20 (5) basic restorative services; and
21 (6) residents' rights as established by G.S. 131D-21.

22 (b) The facility shall assure that training specified in Paragraph (a) of this Rule is ~~successfully~~ completed within six
23 months after hiring for staff hired after ~~September 1, 2003.~~ ~~[October 1, 2022.]~~ September 30, 2022. Documentation
24 of the successful completion of the 80-hour training and competency evaluation program shall be maintained in the
25 facility and available for ~~review.~~ review by the Division of Health Service Regulation and the county department of
26 social services.

27 (c) The facility shall assure that staff who perform or directly supervise staff who perform personal care receive
28 training and supervision on the performance of individual job assignments prior to meeting the training and
29 competency requirements of this Rule. Documentation of training shall be maintained in the facility and available for
30 review by the Division of Health Service Regulation and the county department of social services.

31 ~~(e)~~(d) The Department shall exempt staff from the 80-hour training and competency evaluation program who are:

- 32 (1) licensed health professionals;
33 (2) listed on the Nurse Aide Registry; or
34 (3) documented as having ~~successfully~~ completed a ~~40-45 or 75-80 hour training program or~~
35 competency evaluation program approved by the Department since January 1, 1996 according to
36 Rule .0502 of this Section. one of the following previously approved training programs:
37 (A) a 40-hour or 75-hour training and competency evaluation program prior to July 1, 2000; or

1 (B) a 45-hour or 80-hour training and competency evaluation program for training exemption
2 from July 1, 2000 through August 31, 2003.

3 ~~(d) The facility shall assure that staff who perform or directly supervise staff who perform personal care receive on-~~
4 ~~the job training and supervision as necessary for the performance of individual job assignments prior to meeting the~~
5 ~~training and competency requirements of this Rule. Documentation of the on the job training shall be maintained in~~
6 ~~the facility and available for review.~~

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8 *History Note: Authority G.S. 131D-2.16; 131D-4.3; 131D-4.5; 143B-165;*
9 *Temporary Adoption Eff. January 1, 1996;*
10 *Eff. May 1, 1997;*
11 *Temporary Amendment Eff. December 1, 1999;*
12 *Amended Eff. July 1, 2000;*
13 *Temporary Amendment Eff. September 1, 2003;*
14 *Amended Eff. June 1, ~~2004-2004~~;*
15 *Readopted Eff. October 1, 2022.*