

1 10A NCAC 13G .0102 is proposed for adoption as follows:

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3 **10A NCAC 13G .0102 LIST OF DEFINITIONS**

4 In addition to the definitions set forth in G.S. 131D-2.1, the following definitions shall apply throughout this
5 Subchapter:

- 6 (1) “Abuse” as defined in G.S. 131D-2.1.
7 (2) “Activities of daily living” means bathing, dressing, personal hygiene, ambulation, or locomotion,
8 transferring, toileting, and eating.
9 (3) “Acute care needs” means symptoms or a condition that develops quickly and is not a part of the
10 resident’s baseline health or mental health status or is a change or worsening in the symptoms of a
11 resident’s chronic condition, which may have a slower onset and worsen over time.
12 (4) “Administrator” means the term as defined in G.S. 90-288.13 and G.S. 131D-2.1.
13 (5) “Adult care home” means the term as defined in G.S. 131D-2.1.
14 (6) “Alternative examination” means a test developed and administered by the Department to meet the
15 educational requirements of an activity director or supervisor-in-charge for those applicants who do
16 not possess a high school diploma or General Education Diploma (G.E.D.) prior to September 1,
17 2024.
18 (7) “Aide duty” means time spent by qualified staff providing assistance with activities of daily living,
19 medication administration, or supervision of residents as determined by the resident’s assessment,
20 care plan, physician’s orders, and current symptoms.
21 (8) “Ambulatory” means able to respond and evacuate a facility without physical or verbal prompting
22 from staff or another person.
23 (9) “Department” means the North Carolina Department of Health and Human Services.
24 (10) “Discharge” means a resident’s termination of their residency at the adult care home, resulting in
25 the resident’s move to another location.
26 (11) “Exploitation” means the term as defined in G.S. 131D-2.1.
27 (12) “Facility” means a licensed family care home.
28 (13) “Family care home” means the term as defined in G.S. 131D-2.1.
29 (14) “First shift” means between the hours of 7:01 a.m. and 3:00 p.m.
30 (15) “Food service duties” means tasks that may be performed by staff related to serving meals to
31 residents, including assisting with food preparation, arranging, and setting the dining tables, serving
32 food and beverages, and cleaning the dining room after meal service is complete.
33 (16) “Housekeeping duties” means tasks that may be performed by staff such as cleaning and sanitizing
34 facility common areas and resident rooms, sweeping, vacuuming, dusting, mopping, collecting, and
35 disposing of trash.
36 (17) “Legal representative” means a person authorized by state or federal law (including but not limited
37 to power of attorney representative payee) to act on behalf of the resident to support the resident in

- 1 decision-making; access medical, social, or other personal information of the resident; manage
2 financial matters or receive notifications.
- 3 (18) “Long-term care” means a continuum of care and services available in an individual's community
4 that provides the care and supports required during a persistent or chronic state of health, throughout
5 which time a person is unable to independently perform some or all activities of daily living or
6 requires supervision due to physical or cognitive impairment.
- 7 (19) “Medication aide” means an individual who administers medications to residents and meets all
8 requirements as set forth in Rule .0403 of this Subchapter.
- 9 (20) “Neglect” means the term as defined in G.S. 131D-2.1.
- 10 (21) “Non-ambulatory” means not able to respond and evacuate a facility without physical or verbal
11 prompting from staff or another person.
- 12 (22) “On-call” means able to be contacted by two-way telecommunication.
- 13 (23) “On-duty” in reference to an administrator means the administrator is on-site and directly
14 responsible for the day-to-day operations of a facility. “On-duty” in reference to a supervisor-in-
15 charge means a supervisor-in-charge designated by the facility as required in Rule .0402 of this
16 Subchapter and who is on-site and directly responsible for the day-to-day operations of a facility
17 under the direction and supervision of the administrator.
- 18 (24) “Personal care aide” means a staff member who performs personal care services as defined by G.S.
19 131D-2.1.
- 20 (25) “Physical restraint” means any physical or mechanical device attached to or adjacent to the
21 resident’s body that the resident cannot remove easily, and which restricts freedom of movement or
22 normal access to one’s body.
- 23 (26) “Physician extender” means a licensed physician assistant or licensed nurse practitioner.
- 24 (27) “Resident” means the term as defined in G.S. 131D-2.1.
- 25 (28) “Responsible person” means a person chosen by the resident to act on their behalf to support the
26 resident in decision-making; access to medical, social, or other personal information of the resident;
27 manage financial matters; or receive notifications.
- 28 (29) “Second shift” means between the hours of 3:01 p.m. and 11:00 p.m.
- 29 (30) “Staff” means any person who performs duties as an employee, paid or unpaid, on behalf of the
30 family care home.
- 31 (31) “Supervision” means oversight, monitoring, and interventions implemented by the facility for the
32 purpose of mitigating the risk of an accident, incident, illness, or injury to a resident to ensure the
33 health, safety, and welfare of the resident and other residents.
- 34 (32) “Supervisor-in-charge” means an individual responsible for the total operation of a family care home
35 in the absence of the administrator and under the direction and supervision of the administrator as
36 described in Rule .0402 of this Subchapter.
- 37 (33) “Third shift” means between the hours of 11:01 p.m. and 7:00 a.m.

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2 History Note: Authority G.S. 131D-2.16; 143B-153;

3 Eff. September 1, 2024.